

**Suggested Electives for Majors in the Food and Nutrition Department  
Coordinated Program, Nutrition and Dietetics and Health and Wellness**

Some courses may be required for different concentrations and course availability will vary by semester. Minors are strongly recommended. If you want to complete a minor, you need to consult the corresponding academic department for required courses in the FSU catalog <https://www.framingham.edu/academics/catalogs/>.

ANTH 161 - Cultural Anthropology (Dom. III-B)

COMM 107 – Effective Speaking (Dom I-A )

COMM 115 – Introduction to Speech Communications

COMM 213 – Advanced Public Speaking (Prerequisite: COMM 107 or 115)

COMM 215– Science Communication (part of the new Science Communications minor)

ECON 102 – Principles of Microeconomics (Dom III-B)

ECON 220 – Health Economics (Prerequisite: ECON 102)

ECON 323 – The Economics of Sports (Prerequisite: ECON 102)

ENGL 225 – Introduction to Journalism (Prerequisite: ENGL 110)

ENGL 286 – Professional Writing (Prerequisite: ENGL 110)

ENGL 311 – Writing About Science (Prerequisite: ENGL 110 + either COMM 215 or other ENGL course)☐

ENGL 371 – Business Writing

ENTR 300 – Entrepreneurship, Start Your Own Business (Prerequisite: ENGL 110, Gen Ed math, sophomore standing)

ENVS 202 – Data Analysis for Scientists (MATH 123 is a Prerequisite: or eligibility to take MATH 200 Calculus)

MATH 117 – Intro to Statistics

MATH 208 – Biostatistics

FDSC 161 – Introduction to Food Science & Technology (Dom II-B)

FDSC 405 – Food Analysis (Prerequisite: CHEM 300 or 301)

FINA 100 – Principles of Financial Literacy (Dom. II-A; Nutrition and Food Studies requirement)

GEOG 208 – Medical Geography

GEOG 211 – Cultural Geography

GEOG 225 – Population, Food, and Global Development

GEOG 235 – Environmental Law & Policy

HEAL 105 – Personal and Community Health (Wellness required)

HEAL 206 – Wellness Behavior (Prerequisite: HEAL 105 + Intro PSYC or SOCI course or permission of instructor)

HEAL 326 – Drug, Alcohol, & Addictive Behavior (Prerequisite: BIOL 101 or 130) (Health and Wellness required)

HEAL 496 – Internship in Fitness (Fitness Concentration requirement. application)

MGMT 280 – Organizational Behavior (Prerequisite: Sophomore standing)

MGMT 301 Sports Management (Prerequisite: MGMT 280 or MRKT 181)

MRKT 181 – Marketing Principles

MRKT 301 – Brand Management (Prerequisite: MRKT 181)

NUTR 271 – Nutrition for Sports & Exercise (NUTR 205; CHEM 103 or CHEM 107; BIOL 142, BIOL 235 or BIOL 272)

NUTR 333 – Chronic Disease Nutrition (Prerequisite: NUTR 205) Wellness required)

NUTR 390 – Special Topics in Nutrition (varies by semester, e.g., Nutrition Across the Lifespan; Supplements)

NUTR 479 – Computer Applications in Nutrition (Prerequisite: NUTR 381)

NUTR 490 – Independent Study in Food & Nutrition (Permission of Department Chair, application)

NUTR 495 – Internship in Food & Nutrition (Wellness requirement; Dietetics elective, application)

NUTR 499 – Internship in Food & Nutrition: US Army Natick Research, Development, and Engineering Center

PHIL 102 – Introduction to Ethics: Why Be Moral (Dom. III-C)

PHIL 103 – Introduction to Logic (Dom. II-A)

PHIL 118 – Introduction to Philosophy of Science (Dom. I-B)

PHIL 222 – Bioethics (Dom. III-C)

PSYC 201 – Child Development (Prerequisite: PSYC 101)

PSYC 212 – Adolescent Development (Prerequisite: PSYC 101)

PSYC 224 – Social Psychology (Prerequisite: PSYC 101)

PSYC 231 – Adult Development (Prerequisite: PSYC 101)

PSYC 245 – Health Psychology (Prerequisite: PSYC 101)

PSYC 271 – Principles of Behavior Modification (Prerequisite: PSYC 101)

PSYC 286 – Psychology of Women (Prerequisite: PSYC 101)

PSYC 305 – Human Relations (Prerequisite: PSYC 101)

SOCI 101 – Introduction to Sociology (Dom. III-B)

SOCI 212 – Sociology of the Family (Dom. III-B)

SOCI 218 – Women in Society (Dom. III-B)

SOCI 220 – Sports in Society (Dom. III-C)

SOCI 245 – Race and Ethnic Relations (Dom. III-B)

SOCI 300 – Animals and Society

SOCI 325 – Health and Illness (Prerequisite: 100-level Sociology course or ANTH 161)

SOCI 366 – Death and Dying (Prerequisite: sophomore standing or permission of instructor)