

# FOOD AND NUTRITION MAJOR

## APPLIED NUTRITION CONCENTRATION (UFNU)

**GENERAL EDUCATION (12 Courses required):** Twelve courses are designated as General Education courses, which must be taken in a department other than the major department. Only courses designated (Gen.Ed.) after the course title will meet General Education requirements. Please refer to the Catalog for complete information.

<u>COURSE #</u>	<u>TITLE</u>	<u>GOAL(S) MET</u>
<u>BIOL 142</u>	<u>Intro. to Human Biology OR</u>	<u>7</u>
	<u>BIOL 101 Biological Concepts</u>	<u>7</u>
	<u>AND BIOL 272 Human Anatomy and Physiology</u>	
	<u>OR BIOL 333 Principles of Human Physiology</u>	
<u>CHEM 103</u>	<u>General Chemistry OR</u>	
	<u>CHEM 107 Principles of Chemistry</u>	<u>6</u>
<u>PSYC 101</u>	<u>General Psychology</u>	<u>9</u>
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**General Education Goals (Check off as Completed):**

- |                                |                                      |
|--------------------------------|--------------------------------------|
| 1 _____ Writing                | 8 _____ Historical Studies           |
| 2 _____ Quantitative           | 9 _____ Social/Behavioral Sciences   |
| 3 _____ Language               | 10 _____ Forces in the United States |
| 4 _____ Literature/Philosophy  | 11 _____ Non-Western Studies         |
| 5 _____ Visual/Performing Arts | 12 _____ Gender, Race and Class      |
| 6 _____ Physical Science       | _____ Laboratory Science             |
| 7 _____ Life Science           | _____ Study of the Constitutions     |

**MAJOR AND RELATED COURSES (14):**

<u>COURSE #</u>	<u>COURSE TITLE</u>
<u>NUTR 205</u>	<u>Nutrition Science and Applications</u>
<u>CONS 210</u>	<u>Consumer Economics</u>
<u>NUTR 262</u>	<u>Food, Culture and Society</u>
<u>NUTR 271</u>	<u>Nutrition for Sports and Exercise</u>
<u>NUTR 314</u>	<u>Consumer and Health Communication</u>
<u>NUTR 364</u>	<u>Experimental Study of Food</u>
<u>NUTR 381</u>	<u>Introductions to Nutrition Practice</u>
<u>NUTR 384</u>	<u>Foodservice Systems</u>
<u>NUTR 478</u>	<u>Community Nutrition</u>
<u>NUTR 479</u>	<u>Computer Applications in Nutrition</u>
<u>NUTR 482</u>	<u>Management of Food and Nutrition Services</u>
<u>NUTR 496</u>	<u>Internship in Food and Nutrition</u>
<u>CHEM 201</u>	<u>Organic Chemistry</u>
<u>ENGL 286</u>	<u>Professional Writing</u>

**FREE ELECTIVES AND COURSES TOWARDS RECOMMENDED MINOR (6):**

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