

FOOD PANTRIES

Food Pantries require proof of residency and some require a photo ID.

*Framingham Food Pantries will accept an **FSU ID** as proof of Framingham residency. Open times and requirements may vary - please call to confirm.*

Framingham Food Pantry

508-848-2401

214 Concord Street

Framingham, MA 01702

WSa 9 am – 12 pm

Salvation Army/Framingham Food Pantry

508-875-3341

35 Concord Street

Framingham MA, 01704

MTW 10 am – 12 pm

St. Bridget's Food Pantry

508-879-4271

15 Wheeler Ave., Framingham MA, 01702

MWF 11:30 am – 12:30 pm

Ashland Community Center Food Pantry

162 West Union Street, Ashland, MA 01721

508-881-0140 X18

MWR 9 am – 1 pm

Marlborough Community Services Food Pantry

255 Main Street, Suite 113

Marlborough, MA 01752

508-481-4080

MWF 9 am – 1 pm

A Place to Turn Food Pantry

99 Hartford Street, Natick, MA 01760

508-655-8868

MWR 9:30 am - 12:30 pm

W 11 am - 12:30 pm, 5:30 - 7 pm by appt.

Serving the Metrowest area; referral required

Homeless in Massachusetts

- 9% of the homeless are youth (between the ages of 18 and 24 years old).
- 70% of shelter guests have a high school education or higher.
- Approximately 25% of the homeless are struggling with mental health issues and 30% with substance issues.

Information in this brochure
compiled from the
Massachusetts Coalition for the Homeless
mahomeless.org



Framingham
State University

Resources for Homeless Students

Dean of Students: 508-626-4596

Counseling Center: 508-626-4640

Health Services: 508-626-4900

Campus Police: 508-626-4911

Disability Services: 508-626-4906

June 2011

METROWEST

Homeless Shelters

&
Food
Pantries

Tough economic times
may mean that some
students
find themselves
hungry and/or homeless.

Help is available.

Massachusetts Coalition
for the Homeless
mahomeless.org

HOMELESS SHELTERS

INDIVIDUAL SHELTERS

Community Shelter Project

57 Mechanic St.
Marlborough, MA 01752
508-481-7847
Capacity: 18 men and women
Length of Stay: 45 days
Services: Housing; job
Restrictions: No couples

Shadows

25 Central St.
Ashland, MA 01721
508-231-8710
Capacity: 10 women
Length of Stay: 60 days
Services: Advocacy; counseling; 3 meals/day;
clothing; nurse once/week; limited transportation
Restrictions: Sobriety; 10 pm curfew

M.E.A.D.O.W.S. Program

20 Cottage St.
Natick, MA 01760
508-647-0348
508-647-949
Capacity: 8 women
Length of Stay: 6 months
Services: Spanish; advocacy; counseling;
2 meals; medical care; some clothing;
after care program
Requirement: Women who had been incarcerated
or had prior incarceration

Turning Point

75 Hollis Street
Framingham, MA 01702
508-875-6429
Capacity: 18 (14 men, 4 women) + 2 emergency
Length of Stay: 60 days; 2 week intervals
Services: Advocacy; 3 meals/day; handicap ac-
cessible; medical care by referral; nearby food
pantry
Restrictions: Sobriety; 10 pm curfew

FAMILY SHELTERS

South Middlesex Opportunity Council

300 Howard St.
Framingham, MA 01701
508-872-0765, 508-620-2623
Community Rooms: 0
Total Capacity: 30 scattered sites
Services: Spanish; advocacy; counseling;
referrals
Restrictions: Waiting list

Medway Family Shelter

17 Holliston St.
Medway, MA 02053
508-533-1487
Community Rooms: 0
Total Capacity: 11
Services: Spanish; French; Creole; counseling;
3 meals; some clothing; handicap accessible;
referrals
Restrictions: Sober

Pathways Family Shelter (SMOC)

70 Pearl Street
Framingham, MA 01702
508-879-5047
Community Rooms: 1
Total Capacity: 9
Services: Advocacy; counseling; community
kitchen; food 3 meals/day; clothing by referral;
limited transportation; storage facilities
Restrictions: Sobriety in shelter; 12 am curfew
Fri & Sat

Winterhaven Shelter

10 N. Bow Street
Milford, MA 01757
508-478-2333
Community Rooms: 0
Total Capacity: 6 families
Services: Counseling; medical care & day
programs by referral; 3 meals/day; clothing;
Spanish; limited transportation; limited storage;
food pantry nearby
Restrictions: Sobriety; 7:30 pm curfew M-Th;
9 pm curfew Fri & Sat

Requirements and restrictions vary
with each shelter.
Please call to confirm.

DOMESTIC VIOLENCE SHELTER

Voices Against Violence

300 Howard St.
Framingham, MA 01702
508-820-0834
508-626-8686 (Hotline)
800-593-1125 (Hotline)
Clients: Battered women and their children
(boys to 13)
Capacity: 18 beds
Length of Stay: 90 days
Services: One room handicap accessible;
advocacy; counseling; referrals; food; clothing;
Spanish; Portuguese

Salvation Army Free Meal Program

Monday - Friday 6 pm

Sunday 6 pm

Doors open at 5 pm

All Welcome
No ID required

35 Concord St.,
Framingham

508-875-3341