

FOUR YEAR PROGRAM COMPLETION PLAN

Department of Food and Nutrition
 Recommended Schedule for _____ Major with Nutrition and Dietetics Concentration

Year One: Fall semester	Year One: Spring Semester
NUTR 205 Nutrition Science and Applications	CHEM 108 Principles of Chemistry and Quantitative Analysis (pre, L) (Goal 6)
CHEM 107 Principles of Chemistry (L) (Goal 6)	BIOL 101 Biological Concepts (L) (Goal 7)
Goal 1 - Writing	Goal 3 - Language
Goal 2 – Quantitative (MATH 123 College Algebra recommended)	Goal 9 - General Psychology OR Introduction to Sociology (Goal 9,12) OR Introduction to Cultural Anthropology (Goal 9,11)

Year Two: Fall Semester	Year Two: Spring Semester
BIOL 272 Human Physiology & Anatomy: Cellular and Organ Systems (pre, L) OR BIOL 333 Human Physiology	NUTR 262 Food, Culture and Society (pre, L)
CHEM 207 Organic Chemistry I (pre, L)	Goal 8 - Historical Studies (Study of the Constitution)
Goal 4 - Literature or Philosophy	Elective
Goal 5 - Visual or Performing Arts (COMM 107 Effective Speaking recommended)	Elective

Year Three: Fall Semester	Year Three: Spring Semester
CHEM 301 Biochemistry (pre, L)	NUTR 384 Foodservice Systems (pre, L)
NUTR 364 Experimental Study of Food (pre, L)	BIOL 307 Microbiology (pre, L)
Goal 10 - Forces in the United States	Goal 11 Non-Western Studies
NUTR 482 Management of Food & Nutrition Services	Goal 12 - Gender, Class, and Race

Year Four: Fall Semester	Year Four: Spring Semester
NUTR 374 Human Nutrition Science (pre)	NUTR 478 Community Nutrition (pre)
NUTR 381 Introduction to Nutrition Practice (pre)	NUTR 479 Computer Applications in Nutrition (pre)
Elective	NUTR 483 Medical Nutrition Therapy (pre)
Elective	Elective

General Education Goals Checklist - Students must fill all of the following (goal _ is fulfilled through the major):

- | | |
|---|---|
| <input type="checkbox"/> Goal 1 Writing
<input type="checkbox"/> Goal 2 Quantitative (fulfilled through major)
<input type="checkbox"/> Goal 3 Language
<input type="checkbox"/> Goal 4 Literature or Philosophy
<input type="checkbox"/> Goal 5 visual or Performing Arts
<input type="checkbox"/> Goal 6 Physical Science*
* <input type="checkbox"/> One of these must be a lab course | <input type="checkbox"/> Goal 7 Life Science*
<input type="checkbox"/> Goal 8 Historical Studies
<input type="checkbox"/> Goal 9 Social and Behavioral Science
<input type="checkbox"/> Goal 10 Forces in the United States
<input type="checkbox"/> Goal 11 Non-Western Studies
<input type="checkbox"/> Goal 12 Gender, Class, and Race
<input type="checkbox"/> Study of the Constitutions |
|---|---|

Explanation of Course Sequence

pre = prerequisite course(s) required, review catalog

L = laboratory included as part of course

General Education Goals - Students who transfer in courses accepted as meeting General Education goals may elect to take other courses. Students must take at least 12 General Education courses to fulfill the General Education requirement.

General Education Goals 1 and 2 must be taken within the first three semesters; other General Education courses are interchangeable and in some instances, two goals can be met by one course, e.g., overlay. If course selection meets two goals, then a free General Education elective is possible.

Students should use this course sequence as a guideline for discussion with their advisor.

NOTES:

1. Please be aware of the following course sequencing:

Chemistry and Clinical Nutrition Course Sequence

Principles of Chemistry ➡ Principles of Chemistry and Quantitative Analysis ➡ Organic Chemistry I ➡ Biochemistry ➡ Human Nutrition Science ➡ Medical Nutrition Therapy

Chemistry and Foodservice Course Sequence

Principles of Chemistry ➡ Principles of Chemistry and Quantitative Analysis ➡ Organic Chemistry I ➡ Experimental Study of Food ➡ Foodservice Systems

Nutrition Course Sequence

Nutrition Science & Applications ➡ Food, Culture and Society ➡ Experimental Study of Food ➡ Foodservice Systems

Food, Culture and Society ➡ Introduction to Nutrition Practice ➡ Community Nutrition

2. See this handbook or University catalog for other suggested electives.
3. Students may elect to minor in another Department. Recommended minors are Food Science, Psychology, Communications, Modern Languages, Business, or Sociology. See university catalog for specific course requirements.
4. Experience has shown that students who need to work more than 10 hours a week should consider taking fewer than 4 courses/semester.