

HEALTH AND WELLNESS MAJOR
FOOD STUDIES CONCENTRATION (HWU – Major and Related Courses - 19)

DOMAIN GENERAL EDUCATION (10 Courses Required):

Domain II B is satisfied through completion of the Food and Nutrition major, leaving 10 courses to be completed to satisfy the remaining General Education subdomains through courses taken outside the major. Only courses designated (Gen. Ed. Domain) after the course title will meet General Education requirements. Please refer to the catalog for information.

<u>COURSE #</u>	<u>TITLE</u>	<u>SUBDOMAINS</u>
		<u>MET</u>
<u>BIOL 142</u>	<u>Introduction to Human Biology</u>	<u>2B</u>
<u>FINA 100</u>	<u>Financial Literacy</u>	<u>2A</u>
_____	_____	_____
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Domain General Education Subdomains

(check off as completed)

Common Core:	A. ENGL 110 Expository Writing	_____
	B. MATH XXX (credit-bearing)	_____
Domain I:	A. Creative Arts	_____
	B. Humanities	_____
	C. Language	_____
Domain II:	A. Analysis, Modeling, Problem-Solving	_____
	B. Natural Sciences (two)	<u>X</u>
Domain III:	A. Perspectives on the Past	_____
	B. Perspectives on Contemp. World	_____
	C. Global Comp., Eth. Reas., Human Div.	_____
_____ Laboratory Science	X = Fulfilled through major	

COURSE #

COURSE TITLE

<u>HLTH 110</u>	<u>Wellness for Life</u>
<u>HLTH 206</u>	<u>Wellness Behavior</u>
<u>HLTH 326</u>	<u>Drugs, Alcohol and Addictive Behavior</u>
<u>NUTR 110</u>	<u>Fundamentals of Nutrition Science</u>
<u>NUTR 262</u>	<u>Food, Culture and Society</u>
<u>NUTR 333</u>	<u>Nutrition and Chronic Disease</u>
<u>NUTR 364</u>	<u>Experimental Study of Food</u>
<u>NUTR 381</u>	<u>Medical Nutrition Therapy I</u>
<u>NUTR 384</u>	<u>Foodservice Systems</u>
<u>NUTR 478</u>	<u>Community Nutrition</u>
<u>NUTR 482</u>	<u>Management of Food and Nutrition Services</u>
<u>NUTR 495</u>	<u>Internship in Food and Nutrition</u>
_____	<u>Two additional HLTH or NUTR courses</u>
_____	_____
<u>CHEM 103</u>	<u>Genl Chem or CHEM 107 Princ. of Chemistry</u>
<u>CHEM 201</u>	<u>Introduction to Organic Chemistry and Biochemistry</u> <u>OR CHEM 207 Organic Chemistry I</u>
<u>ENGL 286</u>	<u>Professional Writing OR COMM 215 Science Comm</u>

FREE ELECTIVES (3):

_____	_____
_____	_____
_____	_____