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| **Year One: Fall** | **Year One: Spring** |
| Any 100-level or higher Gen. Ed. MATH Course | PSYC 101 General Psychology **OR**  SOCI 101 Introduction to Sociology |
| ENGL 110 Expository Writing | BIOL 142 Human Biology (Gen. Ed. Domain II-B; L) |
| CHEM 103 Introductory Chemistry **OR**  CHEM 107 Principles of Chemistry  (both Gen. Ed. Domain II-B; L) | CHEM 201 Introductory Organic Chemistry and Biochemistry (PR, L) |
| HLTH 110 Wellness for Life (Gen. Ed. Domain III-B) **OR**  NUTR 110 Fundamentals of Nutrition Science (Gen. Ed. Domain II-B non-L) | HLTH 110 Wellness for Life (Gen. Ed. Domain III-B) **OR**  NUTR 110 Fundamentals of Nutrition Science (Gen. Ed. Domain II-B non-L) |

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| **Year Two: Fall** | **Year Two: Spring** |
| FINA 100 Financial Literacy (Gen. Ed. II-A) | Domain Gen. Ed. Course |
| HLTH 206 Wellness Behavior (PR) | ENGL 286 Professional Writing **OR**  COMM 215 Science Communication |
| NUTR 262 Food, Culture, and Society (PR, L) | NUTR 381 Medical Nutrition Therapy I (PR) |
| Domain Gen. Ed. Course | Domain Gen. Ed. Course |

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| **Year Three: Fall** | **Year Three: Spring** |
| NUTR 364 Experimental Study of Food (PR, Lab) | HLTH 326 Drugs, Alcohol, and Addictive Behavior (PR)Additional |
| HLTH course **OR**  Additional NUTR course @ ≥ 200-level | NUTR 333 Nutrition and Chronic Disease (PR) |
| Domain Gen. Ed. Course | Domain Gen. Ed. Course |
| Open Elective | Open Elective |

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| **Year Four: Fall** | **Year Four: Spring** |
| NUTR 478 Community Nutrition (PR) | NUTR 495 Internship in Food and Nutrition (PR)  Application required, one 8-hour day free |
| NUTR 482 Management of Food and Nutrition Services\*\* (PR) | NUTR 384 Foodservice Systems |
| Domain Gen. Ed. Course | Additional HLTH course **OR**  Additional NUTR course @ ≥ 200-level |
| Open Elective | Open Elective |
| Submit application for NUTR 495 |  |

PR = pre-requisite required L = three hour lab is required

\*\* If you declare a BUSI minor, you can substitute MGMT 381 Human Resource Management

Notes:

1. You are strongly encouraged to seek assistance from your advisor, especially if you are a transfer student.
2. If you are a transfer student, you are encouraged to use R.A.M.S. to identify transfer courses that meet FSU requirements. If the course does not meet the FSU requirement, you can meet with the chair of the related Department to share the syllabus for further discussion.
3. A list of recommended electives is available from your advisor.
4. You will benefit from taking ENGL 286 or COMM 215 before HLTH 206 and HLTH 326 because the courses involve research papers.