Attention Deficit Disorder/Attention Deficit Hyperactivity Disorder (ADD/ADHD)

FSU Counseling Center Policy for Medication Treatment of ADD/ADHD

Students requesting to have ADD/ADHD medications managed by FSU Counseling Center must have the following:

1. Be actively engaged in treatment with one of the FSU Counseling Center’s counselors.

2. A previous diagnosis of ADD/ADHD by a qualified, licensed mental health provider (i.e. psychiatrist, psychiatric clinical nurse specialist, psychologist, social worker).

3. Documentation supporting the ADD/ADHD diagnosis, which should include a psychosocial evaluation, treatment summary (not just progress notes), and psychological/neuropsychological testing that supports the diagnosis. *(Note: Treatment conducted by a pediatrician/primary care provider without the appropriate supporting documentation is not considered sufficient.)*

4. Students with insufficient documentation will be encouraged to contact their prior treating professional in order to obtain the appropriate documentation of an existing ADHD diagnosis and history of treatment before medication treatment at the Center will be considered.

Students who are unable to provide such documentation, or who have never had such an evaluation and are wondering whether they might have ADD/ADHD, will be referred off campus for a diagnostic evaluation/medication evaluation.

*(It should be noted that the Center does not provide diagnostic evaluations for ADD/ADHD. Proper diagnosis of ADD/ADHD requires careful evaluation, as other conditions may present in similar ways. Appropriate treatment requires thorough initial assessment by qualified providers.)*

Students seeking academic accommodations who have an ADD/ADHD diagnosis should contact LaDonna Bridges in the Office of Disability Services (CASA) at 508-626-4906, or online at [http://www.framingham.edu/center-for-academic-support-and-advising/disability-support/index.html](http://www.framingham.edu/center-for-academic-support-and-advising/disability-support/index.html)

Students seeking support for problems related to or the management of an ADD/ADHD diagnosis may be seen at the Counseling Center for ongoing support. Counseling support may involve exploring strategies for managing problematic symptoms and behaviors more effectively.

If students have questions about this policy or what services might be available at the Counseling Center, please contact us at 508-626-4640, and arrange to meet with one of our counselors for a consultation and recommendations.