

Eastern Equine Encephalitis risk raised to CRITICAL in Framingham

Eastern Equine Encephalitis (EEE or Triple E) is a rare but serious disease caused by a virus that is transmitted through the bite of an infected mosquito. The first symptoms of EEE are fever (often 103° to 106°F), stiff neck, headache, and lack of energy. These symptoms show up three to ten days after a bite from an infected mosquito. Inflammation and swelling of the brain, called encephalitis, is the most dangerous and frequent serious complication. The disease gets worse quickly and some patients may go into a coma within a week. If you develop any of these symptoms, you should seek medical attention immediately. There is no treatment for EEE but supportive care can be given.

There are important ways you can protect yourself from EEE:

- **Avoid being outside during peak mosquito hours (dusk to dawn).**
 - **Sunset is now occurring around 7pm.**
- **Wear clothing that covers more of your skin.**
 - **This includes long pants, long sleeved shirts and socks.**
- **Apply insect repellent when outdoors.**
 - **Products containing DEET are the most effective.**

FSU is following local and state health officials recommendations, relocating or rescheduling outdoor events, providing information on EEE and minimizing risk.

For more information:

<https://www.mass.gov/guides/eee-in-massachusetts>

(factsheet link)



FIGHT THE BITE

Day and Night



The Massachusetts Department of Public Health has raised the risk level for EEE for Framingham to

CRITICAL

EEE is a rare but serious disease caused by a virus that spread to human through the bite of an infected mosquito.

Residents are advised to take precautions to avoid mosquito bites:

<p>1 Refrain from outdoor activities from dusk and dawn when mosquito activity is at its highest</p> 	<p>2 Wear long-sleeved clothing and socks</p> 
<p>3 Use appropriate insect repellents</p>  <p>Deet</p>	<p>4 Repair damaged windows and door screens</p> 
<p>5 Remove standing water from areas around your home.</p> 	<p>i For more information, please go to the Mass.gov website and search for: "mosquito-borne diseases"</p>