



# Framingham

## State University

**Dear Framingham State University Student,**

The staff at the Health Center would like to extend a warm welcome to you. We hope your time at Framingham State University will be productive, enjoyable and healthy. Our staff of experienced professionals is committed to providing you with high quality health care. The wide range of services we provide includes care for illnesses and injuries, women's health care including Pap smears and contraception, men's health care, nutritional counseling and health education.

Please visit our website for more information about our services.

[www.framingham.edu/health-center](http://www.framingham.edu/health-center)

If you have any questions, do not hesitate to contact us. The staff at the Health Center looks forward to assisting you with your health care needs while you are a student at Framingham State University.

Framingham State University and the Commonwealth of Massachusetts require you to submit the following health information.

### **Form Requirements**

Sign on to the secure FSU Health Center **Patient Portal** using your FSU ID and password: (<https://framingham.medicatconnect.com>)

There are 2 forms are for you to complete online on the Patient Portal:

**Health History form** – complete online

**TB screening form** – complete online

There are 2 forms that are to be taken to your health care provider to be completed and signed:

**Physical Exam form** – exam must be within 18 months.

**Immunization Record** – see below for immunization requirements

These forms are located in the Admission Packet or can be printed from the Patient Portal (<https://framingham.medicatconnect.com>)

Your health care provider can use their own physical exam form and immunization record rather than using our form if they prefer.

When the Physical Exam form and Immunization Record have been completed, you can:

- Upload the completed forms to the Patient Portal

### **Immunization Requirements**

The Commonwealth of Massachusetts requires by law a Certificate of Immunizations for all full-time (any day/night combination of three or more classes) and all Health Science students in order to register for classes. You must present documentation of having received:

- **Tetanus/diphtheria/pertussis (Tdap)** vaccine
  - within the last ten years
- **Measles, Mumps and Rubella** vaccines
  - 2 doses MMR or
  - Positive titer (bloodwork showing immunity)
- **Hepatitis B** vaccine
  - 3 doses (You must have received at least the first dose to be cleared) or
  - Positive titer (bloodwork showing immunity)
- **Varicella (chicken pox)** vaccine
  - 2 doses or
  - Positive titer (bloodwork showing immunity) or
  - History of chickenpox signed by a health care provider
- **Meningococcal** vaccine if you are a **new student living on campus**.
  - 1 dose (Menactra, MCV4, Menveo, Menomune) within the last 10 years. Please read the information from the Massachusetts Department of Public Health on the Patient Portal about meningitis and the vaccine. It includes a waiver that students may sign declining the vaccine after they have read the information. **We encourage all residential students to receive the vaccine.** Please submit with the Immunization Record.

**Please note: A residential housing assignment cannot be given until the Health History, TB Screening form, Physical Exam form and Immunization Record are received and approved by the Health Center.**

### **Health Insurance Requirement**

The Commonwealth of Massachusetts requires that all full-time students (any day/night combination of three or more courses) participate in a health insurance plan. To fulfill this requirement you may either:

- enroll in the Massachusetts State System Plan which was designed for state university students or
- show evidence of a comparable or better health insurance plan of your choice.

You will receive information with your tuition bill about enrolling in the school-sponsored health insurance plan or waiving it with your own insurance. This will arrive in July with a link to the online site where you can waive or enroll.

Sincerely,

Ilene Hofrenning MSN, FNP-BC

Family Nurse Practitioner

Director of the Health Center

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