

## Dear Framingham State University Student,

Framingham State University and the Commonwealth of Massachusetts require all full time students and all part time and full time Health Science students (Nursing students and those in the Coordinated Program in Dietetics) to submit the following health information, outlined in the steps below. You will not be cleared for housing or be allowed to register for future classes until this information is submitted. All of these steps can be done on your phone!

### **Step 1**

**Sign on to the secure FSU Health Center Patient Portal** using your FSU ID and password by clicking on: [MEDICAT](#)

### **Step 2**

There are **two forms that must be uploaded** to the Patient Portal. Simply take a picture of the form, then click the Upload section in the Patient Portal:

1. **Immunization Record** – see below for immunization requirements
2. **Physical Exam Form** –exam from within the past 18 months

You may already have signed copies of these from your provider – you can upload those forms if you have them. If you have had a physical within the last 18 months, you do not need another appointment with your provider. Just call your provider’s office and have them send you a copy of your physical and immunization record, then upload it to the Patient Portal.

If you do not already have these signed forms, blank forms can be found in the admissions packet, as well as on the front page of the Patient Portal, where you can print them out. Take copies of these to your health care provider to complete and sign, then Upload.

***It is important that you Upload your immunizations even if you are waiting for a Physical Exam.***

### **Step 3**

**Enter dates of your immunizations** into the Immunizations section of the Patient Portal

### **Step 4**

**Complete the Health History Questionnaire** on the Patient Portal

### **TO DO:**

- **Follow the link to the Student Portal,**
- **Upload required forms: just take a photo of your signed Immunization Record and Physical Exam, then click Upload in the Student Portal,**

- Enter your Immunization Dates,
- Complete the Health History Questionnaire

### **Immunization Requirements**

The Commonwealth of Massachusetts requires by law a Certificate of Immunizations for all full-time students (any day/night combination of three or more classes) and all full time and part time Health Science students (all Nursing students and those in the Coordinated Program in Dietetics) in order to register for classes. You must present documentation of having received:

**COVID-19 vaccine - 2 doses of Pfizer or Moderna vaccine or 1 dose of Johnson & Johnson vaccine and booster when eligible.**

2. **Tetanus/diphtheria/pertussis (Tdap) 1 dose** within the last 10 years
- Measles, Mumps and Rubella vaccines – 2 doses MMR** or Positive Titer (copy of blood work showing immunity)
- Hepatitis B vaccine – 3 doses** (you must have received at least the first dose to enroll in classes) or Positive Titer (copy of blood work showing immunity)
- Varicella (chicken pox) vaccine – 2 doses** or Positive Titer (copy of blood work showing immunity) or documented history of chicken pox signed by a health care provider
- Meningococcal vaccine – 1 dose at age 16 or older** (Menactra, MCV4, Menveo or Menomune). Required up to age 22.

Please read the information from the Massachusetts Department of Public Health on the Patient Portal about meningitis and the vaccine. It includes a waiver that students may sign declining the vaccine after they have read the information. Waiver, if signed, should be submitted with the Immunization Record. **We encourage all students to receive the vaccine.**

**Please contact the Health Center at 508- 626-4900 with any questions about the immunization requirements**

### **Health Insurance Requirement**

The Commonwealth of Massachusetts requires that all full-time students (any day/night combination of three or more courses) participate in a health insurance plan. To fulfill this requirement you may either:

- Enroll in the Massachusetts State System Plan which was designed for state university students or
- Show evidence of a comparable or better health insurance plan of your choice.

You will receive information with your tuition bill about enrolling in the school-sponsored health insurance plan or waiving it with your own insurance. This will arrive before the semester starts with a link to the online website where you can waive or enroll. There is also a link on the Patient Portal. If you have Mass Health, you may be eligible for a program called premium Assistance. There is information about this program on the website.