

RECOVERY SUPPORT SERVICES

FSU Alcohol & Drug Preventions Specialist:

- Available to all students to discuss substance related issues
- Contact Joy LaGrutta: jlagrutta@framingham.edu

Massachusetts Substance Use Helpline: [Helpline](https://www.mass.gov/info-details/massachusetts-substance-use-helpline), 1-800-327-5050

Alcoholics Anonymous: [AA Online meetings](#)

Narcotics Anonymous:

- [Virtual NA meetings online](#)
- [NA meeting search](#)

Smart Recovery:

- [SMART Recovery online community](#)
- [Private, convenient, online recovery support](#)

Resources for families/friends of addicts:

- *Al-Anon:* [Al-Anon](#)
- *Learn to Cope:* [Learn to Cope](#)

Sex Addicts Anonymous: [SAA](#)

Computer Gaming Addicts Anonymous: [CGAA](#)

Gamblers Anonymous: [GA](#)

Other resources:

- [Apps for alcohol addiction recovery](#)
- [Sober Grid app](#)
- [In the Rooms: Global Recovery Community](#)