Sustaining Life & Sustaining Joy

Arts & Ideas is proud to present our 2022-2023 series exploring the theme of Sustaining Life & Sustaining Joy. During the Pandemic and these unprecedented times, we are continuously experiencing burnout, anxiety, tension, and angst. Let’s sustain our lives and bring back our joy by listening to others, learning to help each other, and exploring ways to heal.

FALL 2022:

Critical Race Theory Lens: History Echoes in the Experiences of Students of Color in Art School
September 27, 2022
Lecture: Dwight Hall Performing Arts Center at 4:30 p.m.
Workshop: Alumni Room, McCarthy Center at 2:30 p.m.
Dr. Lyssa Palu-ay will provide both an in-person lecture and a workshop. Both events focus on how Critical Race Theory can be practiced in the humanities to address inequality, sustain our support of each other, increase happiness, and help students of color and first-generation students.

Emotional Wellness Book Discussion and Practice
October, 2022
Alumni Room, McCarthy Center
In collaboration with the Adam Sutton Group, we are offering four conversations that explore concepts presented in the book The Seven Laws of Enough: Cultivating a Life of Sustainable Abundance by Gina LaRoche and Jennifer Cohen.

Pride Across Generations
October 11, 2022 at 5:30 p.m.
Forum, McCarthy Center
Framingham State University and BayPath Elder Services are partnering once again for our annual Pride Across Generations event on National Coming Out Day. This event brings together the LGBTQ+ community from all living generations, and their allies, to honor and celebrate the journeys, joys, and triumphs of LGBTQ+ people.

Alan Feldman Reading
October 17, 2022 at 4:30 p.m.
Heineman Ecumenical Center
Jill McDonough is a cheerful queer writer who works in both academic and carceral spaces. She’ll read from her new manuscript, American Treasure, which moves between the homes enslaved Americans built for the founding fathers to juvenile facilities in her Boston neighborhood.
The Linda Vaden-Goad Authors and Artists Series: Kelly Kolodny & Mary-Lou Breitborde

October 27, 2022 at 4:30 p.m.
Heineman Ecumenical Center


The Arthur Nolletti Jr. Film Series

*Belfast*

November 7, 2022 at 7 p.m.
Forum, McCarthy Center

Nine-year-old Buddy finds his life upended in 1969 when his Belfast neighborhood erupts in the violent Northern Irish conflict known as The Troubles. Based on director Kenneth Branagh's own childhood, the dazzling 2021 film *Belfast* was an Academy Award nominee for Best Picture.

Young Nerds of Color, Panel Discussion with the Producers and Cast Members

November 9, 2022 at 4:30 p.m.
Forum, McCarthy Center

Hiding in plain sight in the science labs, grappling over civilization's greatest challenges are *Young Nerds of Color*. Playwright Melinda Lopez weaves together over 60 interviews with scientists from the most underrepresented backgrounds.

**SPRING 2023:**

*Humanity, Design + Happiness* by Daryl Christopher

February 23, 2023 at 4:30 p.m.
Alumni Room, McCarthy Center

How can we sustain joy—even connection—in our fast-paced world? Through design, stories, and reflective dialogue this participatory event will discuss simple practices of sustaining happiness. Led by Daryl Christopher, designer, educator, and founder of *RE_KIN*.
Miriam Levine Reading  
**MARCH 30, 2023 AT 4:30 P.M.**  
**HEINEMAN ECUMENICAL CENTER**  
Whitney Scharer will read from her award-winning debut novel, *The Age of Light*, based on the life of fashion-icon turned renowned photographer, Lee Miller. Scharer will discuss the challenging constraints of writing historical fiction, while celebrating its power to breathe new life into the past.

Voices of Color series: James Edward Mills  
**APRIL 4, 2023 AT 4:30 P.M.**  
**DWIGHT HALL PERFORMING ARTS CENTER**  
How can we work to make the outdoors a space that is welcoming for all people, particularly the BIPOC community? Join us to discuss this topic with James Edward Mills, a journalist, adventurer, and co-writer/co-producer of *An American Ascent*, a documentary film.

The Arthur Nolletti Jr. Film Series  
**LUNANA: A YAK IN THE CLASSROOM**  
**APRIL 10, 2023 AT 7 P.M.**  
**FORUM, McCARthy CENTER**  
A college student aspires to leave Bhutan for Australia to pursue a singing career, but instead he gets assigned to teach children in a remote mountainous village isolated from modern life. The extraordinary 2019 film *Lunana: A Yak in the Classroom* was an Academy Award nominee for Best International Feature Film.

To learn more about any of these events, including registration information for certain events, please visit: www.framingham.edu/artsandideas