HEALTH AND WELLNESS
Public Health and Community Health Concentration

This worksheet is a guide to supplement your degree audit in Degree Works. All students need 32 FSU course-credits to graduate. For students who change majors or enter FSU with transfer credits your degree audit may appear differently; as previous coursework could fulfill Domains and Free Electives. Please see your Advisor and/or The Advising Center with any questions.

DOMAIN GENERAL EDUCATION (11 Courses Required):
The FSU General Education program consists of 11 requirements. In the Health & Wellness major Domain II-B is partially satisfied through completion of the major (ten (10) courses to be completed) to satisfy the remaining General Education subdomains through courses taken outside the major department. Only courses designated (Gen. Ed. Domain) after the course title will meet General Education requirements. Please refer to the catalog (p. 371) for full information.

Common Core
——— A. ENWR 110 Composition II
——— B. MATH/STAT XXX (credit-bearing): _____________________

Domain I
——— A. Creative Arts: ________________________________________
——— B. Humanities: __________________________________________
——— C. Language: ___________________________________________

Domain II
——— A. Analysis, Modeling, Problem-Solving: ____________________
——— B. Natural Sciences (2): Non-Lab Science: ___________________
——— X Lab Science

Domain III
——— A. Perspectives on the Past: _______________________________
——— B. Perspectives on Contemporary World: ____________________
——— C. Global Competency, Ethical Reasoning, and/or Human Diversity: _______________________________

X = Fulfilled through completion of major
* = Required course in the major

MAJOR COURSES (16):
Required Core Courses (9):
——— BIOL 130/130L Principles of Biology w/Lab
      or BIOL 142/142L Intro. to Human Biology w/Lab
      or An Introductory Biology course w/lab
——— CHEM 103/103L Introductory Chemistry w/Lab
      or CHEM 107/107L Principles of Chemistry w/Lab
——— HLTH 110 Wellness for Life
——— HLTH 206 Wellness Behavior
——— HLTH 222 Public Health and Epidemiology
——— HLTH 430 Research Methods in Health and Wellness
——— NUTR 110 Fundamentals of Nutrition Science
——— NUTR 262/262L Food, Culture, and Society w/Lab
——— STAT 117 Introduction to Statistics (II-A)*
      or STAT 157 Probability and Statistics (II-A)*
      or STAT 208 Biostatistics
      or ENVS 202 Data Analysis for Scientists

*If taken will fulfill the Gen. Ed. requirements as noted.

Required Capstone Course (1):
——— HLTH 495 Internship in Health and Wellness
      or NUTR 495 Internship in Food and Nutrition

Concentration in Public and Community Health (6):
——— NUTR 478 Community Nutrition

Students must take five (5) courses from the list below with at least one (1) course from each of the four (4) categories:
——— __________________________________________
——— __________________________________________
——— __________________________________________
——— __________________________________________
——— __________________________________________

FREE ELECTIVES (1-6): May be used toward a minor
——— __________________________________________
——— __________________________________________
——— __________________________________________
——— __________________________________________
——— __________________________________________

Continued on next page
### Category 1: Health Promotion/Disease Prevention:
- **HLTH 326**  Drugs, Alcohol, and Addictive Behavior
- **NEUR 225**  Biopsychology
- **NUTR 333**  Nutrition and Chronic Disease
- **PSYC 245**  Health Psychology
- **SOCI 325**  Health and Illness
- **SOCI 333**  Society, Mental Health, and the Individual
- **SOCI 366**  Death and Dying

### Category 2: Global and Environmental Health:
- **ANTH 207**  Global issues in Anthropology
- **GEOG 208**  The Environment, Health, and Disease
- **GEOG 216**  Introduction to Geographical Info. Systems
- **GEOL 233**  Environmental Geology
- **NUTR 212**  Food System Sustainability
- **SOCI 204**  Environmental Sociology

### Category 3: Public Policy, Law & Ethics:
- **ECON 200**  The Economics of Globalization
- **ECON 333**  Environmental Economics
- **ENVS 101**  Introduction to Environmental Science and Policy
- **GEOG 235**  Environmental Law and Policy
- **PHIL 222**  Bioethics
- **PHIL 234**  Environmental Ethics
- **POSC 229**  Public Policy Analysis
- **POSC 270**  Race, Politics, and the Law
- **POSC 325**  Public Management
- **SOCI 230**  Law and Society
- **SOCI 245**  Race and Ethnic Relations
- **SOCI 263**  Social Inequality

### Category 4: Communications:
- **COMM 215**  Science Communication
- **COMM 322**  Persuasion and Social Influence
- **COMM 328**  Argumentation and Advocacy
- **ENGL 225**  Introduction to Journalism
- **ENGL 280**  Persuasive Writing
- **ENGL 286**  Professional Writing
- **ENGL 311**  Writing about Science
- **ENGL 338**  Grant Writing
- **ENGL 377**  Writing for Online and Social Media