

Framingham State University Coordinated Program in Dietetics
Physical Exam and Vaccine Requirements

All students are required to have an annual physical exam. Keep in mind that most insurance policies will only reimburse for one annual exam; thus any date is acceptable as long as you update annually while in the Coordinated Program. The physical exam form is available from the FSU Health Center at <https://www.framingham.edu/Assets/uploads/student-life/health-center/documents/admissionhealthform.pdf>. Alternatively, you may provide a letter from your physician documenting an annual physical exam and indicating your health status is acceptable for completing supervised practice in both hospital and foodservice settings.

In addition to the annual physical exam, the following are also required for students entering the Coordinated Program in Dietetics (CPD). Please review carefully!:

1. Immunizations for MMR (2 doses) **AND** titer¹
2. Immunization for Hepatitis B **AND** titer
3. Immunization for Varicella **OR** titer
4. Immunization for Tetanus/Diphtheria within 10 years or Tdap Booster

5. 2-Step Tuberculin Skin Test² with **annual** update, OR QuantiFERON®-TB Gold In-Tube test (QFT-GIT) OR T-SPOT®.TB test (T-Spot) OR chest X-ray.

6. Annual flu shot in the fall each year

7. COVID-19 Vaccination + Booster(s)

Tuberculin Skin Tests and the flu shot are available through FSU Health Center for a nominal charge.

You should meet with the CPD Director immediately if you anticipate any difficulties in complying with these requirements. Documentation of all of the above will be required by the fall semester when you begin the CPD.

You are not guaranteed a placement in the program if you do not obtain the required immunizations and health examinations.

¹ Antibody **titer** is a laboratory test that measures the level of antibodies in a blood sample. The word “AND” means that you must have **both** the proof of vaccine as well as the proof of a positive titer.

² Two-step testing calls for the administration of two tuberculin skin tests 1 to 3 weeks apart. If the first test is positive, the person is considered infected. If the first test is negative, a second test will be performed 1 to 3 weeks later. If the second test is positive, the person is probably infected; if it is negative, the person is probably not infected.

<http://www.ncbi.nlm.nih.gov/books/NBK64533/> Accessed 2/15/2024. Note costs are subject to change without notice.